**Who can come to residential camp?**

**A health professionals guide**

**Health Challenge Camps**

We invite applications from children and young people aged 8-17 years, living in the UK, who are currently experiencing health challenges or have finished treatment in the last 3 years. This includes, but is not limited to:

- Blood disorders (e.g. Sickle Cell Anaemia, Haemophilia, Thalassemia)
- Gastrointestinal disorders (e.g. Inflammatory bowel disease, TPN-dependent)
- Cancer and Leukaemia
- Rheumatological conditions (e.g. Juvenile Rheumatoid Arthritis)
- Immunological disorders (e.g. Primary or Acquired Immune Deficiencies)
- Respiratory Disorders (e.g. Brittle Asthma)
- Skin conditions (e.g. Severe Eczema)
- Severe Allergies
- Heart Conditions (e.g. Congenital Heart Disease)
- Kidney Disease (e.g. Polycystic Kidney Disease, Renal Failure)
- Neurological Disorders (e.g. Epilepsy, Spina Bifida)
- Neuromuscular Disorders (e.g. Muscular Dystrophy)
- Organ Transplant
- Endocrine Disorders (e.g. Diabetes*)
- Orthopaedic (e.g. Limb loss, Limb difference)
- Rare Diseases (e.g. Inherited Metabolic Diseases, Genetic Disorders).

*We are only accepting applications from children and young people with Diabetes to Family Camps*

**Siblings Camps**

We invite applications from children and young people aged 8-17 years who have a sibling (of any age) who are currently experiencing health challenges or have finished treatment in the last 3 years.

**Family Camps**

We invite applications from families who have a child or young person aged from birth to 17 years, who are currently experiencing health challenges or have finished treatment in the last 3 years. One child in the family must be aged 8-17 years. Partnership camps may have additional specific criteria, please check our website otw.org.uk for details.
Essential criteria for campers

To ensure the child or young person is able to benefit fully from our camp programme, they must:

- Have the physical ability to participate in an action-packed activity programme with a range of high and low energy activities. Please discuss with us if your child needs adaptations
- Have the social and emotional ability to participate in a group setting and team activities with children of their own age
- Be able to verbally communicate their needs independently
- Be able to transfer between floor, bed and chair without assistance if they use a wheelchair

Unfortunately, we are unable to accept campers who:

- Have learning, behavioural or social communication needs that would prevent them from participating in age-appropriate group activities
- Are more than 3 years off treatment, if they do not have any ongoing health challenges
- Need planned overnight care/intervention/monitoring, or health care needs that require constant one-to-one support
- Have Cystic Fibrosis or Primary Ciliary Dyskinesia (due to the risk of cross-infection and infection to immunocompromised campers)
- Are on the ketogenic diet or a low protein diet
- Are currently experiencing suicidal thoughts or self-harming

▲ please see our alternative virtual services that may suit your child’s needs – otw.org.uk

When we receive an application

All completed applications will be reviewed by our Assessment Team to ensure we can support the needs of every camper, including their psychosocial wellbeing, to participate in the programme.

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