



OVER THE WALL

a seriousfun camp



FREE & FUN!

ACTIVITY CAMPS FOR
CHILDREN & YOUNG
PEOPLE WITH HEALTH
CHALLENGES, THEIR
SIBLINGS & FAMILIES



Join the #MischiefAndMagic!

Ofsted
Outstanding
Provider

OVER THE WALL CHILDREN'S CHARITY

Over The Wall is a UK children's charity that helps children, young people and their families, reach beyond the boundaries of their health challenges to discover a world of mischief, magic and new possibilities.

We do this by providing free-of-charge, transformative activity camps throughout the UK and online. We create an environment where children and young people thrive, not just survive. Over The Wall provides a safe environment for children and young people to build confidence and self-esteem, whilst first-class medical care ensures our unique ability to cater for more than 130 different conditions. We aim to empower young people with health challenges to become the hero of their own story.

Residential Camp

Our residential activity camps are an opportunity for children, young people and families to get away from home and the day-to-day pressures of life. We offer a medically and physically safe environment that allows young people affected by health challenges to step outside of their comfort zones, establish friendships and build their confidence through meaningful and exciting activities.

Camp in the Cloud

Camp in the Cloud is a free, inclusive and engaging camp-at-home activity programme where campers and their families can experience the magic of an Over The Wall camp from home. Campers are sent their very own Seriously Fun Box in the post; this contains everything they need to take part. Their box is packed full of games, activities, as well as other goodies and surprises!

WHO CAN COME TO CAMP?

We provide camp for young people from over 130 different illness groups, including but not limited to:

- Blood disorders (e.g. Sickle Cell Disease, Haemophilia, Thalassemia)
- Gastrointestinal disorders (e.g. Inflammatory bowel disease, TPN dependent)
- Cancer and Leukaemia
- Rheumatological conditions (e.g. Juvenile Rheumatoid Arthritis, Lupus)
- Immunological disorders (e.g. HIV, primary immune deficiency)
- Respiratory disorders (e.g. Severe Asthma, Cystic Fibrosis, PCD)
- Skin conditions (e.g. Severe Eczema, Epidermolysis Bullosa (EB))
- Severe Allergies
- Heart conditions (e.g. Congenital Heart Disease)
- Kidney disease (e.g. Polycystic Kidney Disease, Renal Failure)
- Liver diseases
- Neurological disorders (e.g. Epilepsy, Spina Bifida)
- Neuromuscular disorders (e.g. Muscular Dystrophy)
- Organ Transplant
- Endocrine disorders (e.g. Type 1 Diabetes)
- Orthopaedic (e.g. Limb loss, Limb difference)
- Rare Diseases (e.g. Inherited Metabolic Diseases)

Other criterias:

- Children aged 6-8 years can only apply for Camp in the Cloud
- 8-17 years can apply for both residential camps and Camp in the Cloud
- Type 1 Diabetes - Residential Family Camp or Camp in the Cloud only
- Cystic Fibrosis & PCD - Camp in the Cloud only
- Children on Ketogenic diet or low protein diet - Camp in the Cloud only

Visit our website for our full criteria

www.otw.org.uk/criteria



RESIDENTIAL CAMP

Our free residential activity camps are an opportunity for children, young people and families to get away from the day-to-day pressures of life.

We offer a medically and physically safe environment that allows young people affected by health challenges to step outside of their comfort zones, establish friendships and build their confidence through meaningful and exciting activities. Our camps run at selected sites around the UK, and offer transport hubs from certain UK cities, all free of charge. When we say 'camp' we don't mean tents; we provide comfortable accommodation with beds! We can also cater for dietary requirements.

Health Challenge & Siblings Camp

We invite applications from children and young people aged 8-17 years, who are experiencing health challenges or who have been off treatment for up to three years.

We also welcome children and young people who have siblings experiencing health challenges (aged 0-17 years) or are up to three years off treatment. The children and young people attend without their parents or guardians.

Family Camp

We invite applications from families with a child or young person aged from 0 to 17 years, who is experiencing health challenges or is up to 3 years off treatment. One child in the family must be aged between 8-17. The family all attend together.

How to Apply For Camp

Applying to camp couldn't be easier: simply visit our website www.otw.org.uk
If you have any queries regarding your application you can call the team on 02392 477110 or email campers@otw.org.uk

Our campers are at the heart of everything we do. Our approach to diversity and inclusion and also representation is guided by this principle.

“**My child grew in confidence and self-esteem. He realised he can overcome personal challenges and achieve things he didn't think were possible. He thrived at camp and could be himself rather than being defined by his disabilities.**”



RESIDENTIAL CAMP GENERAL INFORMATION

What Happens at Camp?

Campers are placed into teams with other children and young people based on their age, and assigned a group of volunteers. A wide range of activities await, including climbing, arts & crafts, drama, music and archery (activities can vary depending on the site). Campers sleep in shared accommodation - or family rooms at Family Camp - with separate rooms for volunteers close by. All meals are provided and we will discuss any dietary and allergy requirements with you prior to camp.

Getting to Camp

We encourage parents/guardians to bring their children or young people direct to camp. To ensure camps are accessible to as many children and young people as possible, we offer transport from some major cities across the UK for Health Challenge and Siblings Camps.

Medical Care at Camp

We aim to demedicalise camp wherever possible, and this starts with 'Beach Patrol' - our fully-qualified team of volunteer doctors, nurses and paramedics who provide medical care for our campers whilst on site. Known for their pink T-shirts and sense of fun, this team is under the direction of the Over The Wall nursing team and their support can range from administering medication, feeds and dressings, to dealing with emergencies. They aim to put campers and their families at ease. An on-call nurse and doctor are available throughout the night to respond to emergency medical situations.

Who Can Come to Camp

To ensure the child or young person is able to benefit fully from our camp programme, they must:

- Have the physical ability to participate in an action-packed activity programme with a range of high and low energy activities. Please discuss with us if your child needs adaptations.
- Have the social and emotional ability to participate in a group setting and team activities with children of their own age.
- Be able to verbally communicate their needs independently.
- Be able to transfer between floor, bed and chair without assistance if they use a wheelchair.
- Be able to attend to their own personal cares

Visit our website to see our full criteria - www.otw.org.uk/criteria

RESIDENTIAL CAMP FAQs

Are your camps really free-of-charge?

Yes! All Over The Wall camps are totally free-of-charge for every child or young person and family. We are a charity and we fundraise to cover the costs of all our camps.

Do we camp in tents?

No tents! Camps utilise private school accommodation such as Strathallan School and top-quality activity centres such as Whitemoor Lakes. All the facilities we use, across the UK, must meet our exacting standards.

Who looks after my children at camp?

Our camps run with the help of a team of volunteers alongside Over The Wall staff, all of whom have comprehensive background checks and receive plenty of training.

What is the food like?

There is always a varied menu with plenty of choice and dietary requirements can be catered for as long as we know in advance. We do not allow any child, young person or family to bring their own food to camp (unless by prior arrangement for special dietary requirements); this is to keep campers with severe allergies safe.



CAMP IN THE CLOUD

Over The Wall is delighted to introduce you to Camp in the Cloud - an inclusive and engaging online activity programme where campers and families can experience the magic of Over The Wall without leaving home. All Camp in the Cloud programmes are free-of-charge.

Camp in the Cloud activities are purposefully designed to provide an interactive experience that encourages relationships, reduces social isolation, builds confidence and provides a safe space for fun and challenging activities to create lasting memories. A Seriously Fun Box, packed with everything needed to participate in Camp in the Cloud, will be posted to the family.

During your Camp in the Cloud, you can log in and join us when it suits you!

Family Camp

For families with a child or young person aged 0-17 years, who has a health challenge, or is up to three years off treatment. One child in the family must be aged between 6-17 years.

How to Apply For Camp

Applying to camp couldn't be easier: simply visit our website www.otw.org.uk If you have any queries regarding your application you can call the team on 02392 477110 or email campers@otw.org.uk

Our campers are at the heart of everything we do. Our approach to diversity and inclusion and also representation is guided by this principle.



My daughter was able to actually see other children that are going through the same as her. It bought her so much joy to be able to virtually spend that day with these other children.



CAMP IN THE CLOUD FAQs

What happens at Camp in the Cloud?

Campers are given exclusive access to our bespoke Camp in the Cloud website, where they can engage with a mixture of online and real life activities. There are opportunities for campers and families to interact in real-time with others who are attending the same camp, for example through secure message boards and fun video calls.

Where does Camp in the Cloud take place?

In your own home! You will receive all the information you need prior to camp, including The Seriously Fun Box in the post.

What is a Seriously Fun Box?

Families are sent our fantastic 'Seriously Fun Box' in the post, containing everything they need to take part. The box is packed full of games, activities, and surprises!

How can Camp in the Cloud be accessed?

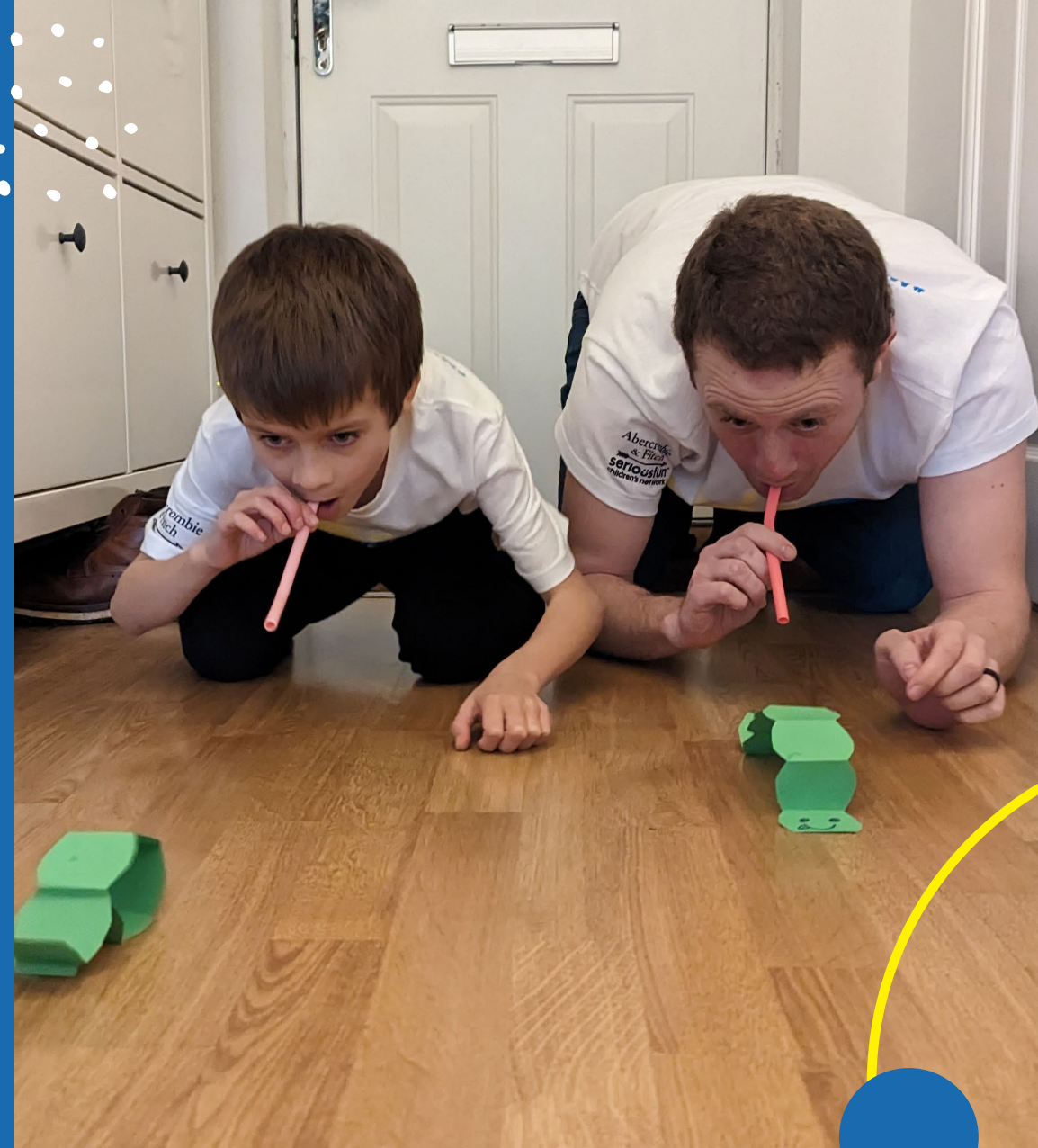
Camp in the Cloud will work on any device that can connect to the internet - a PC, laptop, tablet or phone. Ideally the device will have a camera / webcam so that photos of completed activities can be uploaded to the gallery, and you can join in with our live video sessions. We try to make Camp in the Cloud as accessible as possible and include activity instructional videos with subtitles as well as written instructions within the Seriously Fun Box for all activities.

Please indicate on the application form if you do not have a suitable device to enable you to participate, so that we can support you with this.

Is Camp in the Cloud free-of-charge?

Yes! All Over The Wall camps are totally free-of-charge for every family. We are a charity and we fundraise to cover the cost of our camps.

“The activities were fantastically planned, with a marvellous balance that didn't focus on their health struggles, but made them feel part of a community because of it. My daughter went to bed with such a huge smile on her face!”



How to Apply For Camp

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If you have any queries regarding your application you can call the team on **02392 477110** or email campers@otw.org.uk

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GET IN TOUCH

Camp: campers@otw.org.uk

Volunteering: volunteering@otw.org.uk

Fundraising: fundraising@otw.org.uk

www.otw.org.uk

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