

OVER THE WALL CAMP

UK Children's Charity

Fun and Free

Activity camps for children
and young people with
health challenges, their
siblings and families




Ofsted
Outstanding
Provider

Join the [#MischiefAndMagic](#)

"Over The Wall Camp teaches you that it's all about 'I can', not 'I can't'. You push limits and break down barriers that you face in life. You're more than just your illness and not just the sick kid!"

Over The Wall Camp UK Children's Charity

Over The Wall Camp's free experiences give children and young people with health challenges, as well as their families, a place to grow and feel they belong.

Our camps empower children and families to explore new possibilities and rediscover the fun and magic of childhood.

As well as our staff team and committed volunteers, there's our caring medical team to keep you safe at camp, so that you can worry less and adventure more.

A world of discovery awaits you at our OFSTED outstanding residential camps, which have been running for more than 25 years.

If you want to experience the magic of Over The Wall Camp at home and receive your own Seriously Fun Box in the post containing everything you may need to participate, then why not join us on Camp in the Cloud. Fun filled activities for all the family awaits!

The Impact Of Camp

- ★ Almost **9 in 10** campers stated they 'feel less isolated' after camp.
- ✕ **4 in 5** campers say they 'feel closer to my family' after attending the Over The Wall Camp.
- ★ **Over 9 in 10** campers say they 'feel more positive about the future' after attending the Over The Wall Camp.
- ★ **98%** of campers say they 'are better able to overcome personal challenges' and/or 'feel more confident' after attending an Over The Wall Camp.

Residential Camp



Types Of Camp

Our residential camps are more than just a holiday.

Campers have transformational experiences when they join us for either 3 or 5 days. You can step into the camp bubble, where our meaningful activity programme has been designed to be inclusive and help every camper succeed.

Whether you make new friends, take on the climbing wall, or find a new talent, you should leave camp feeling proud. Over The Wall Camp is where many children and young people with health challenges grow their confidence, form lifelong bonds, and feel more independent than ever before.

To make camp possible for you, our medical team of nurses, doctors and paramedics are there at all times. This means they can provide routine care and respond to emergencies. Camp is a safe and supportive environment for you to step outside your comfort zone.

Camps are in several locations for campers across the UK, all with bedrooms and bathrooms so you'll have a comfortable place to rest and won't have to pitch a tent!

For Health Challenge and Sibling Camps we offer chaperoned coaches to help you get to us. If you're joining us for a Family Camp, we can arrange transport from the nearest train station to the camp.

Health Challenge & Sibling Camps

These camps are five days of magic for children and young people to come to without their grown-ups! You'll be in a small group with other campers your age, with your own team of volunteers.

You can join us if:

-  You're aged 8-17 years old and are living with a health challenge or have finished treatment within the last three years.
-  You're aged 8-17 years old and you have a sibling (aged 0-17 years) who has a health challenge.

Family Camps

Two nights of fun for the whole family, so the grown-ups don't miss out!

You can join us if:

-  At least one child in your family is living with a health challenge or has finished treatment within the last three years.
-  At least one member of your family is aged 8-17 years.



"Camp has helped us feel more confident and accepted, regardless of our situations or conditions. It has made us realise we are not the only ones and we can be part of something bigger. We have learnt to put things into perspective and realise the importance of being ourselves. Most importantly, we have made lots of friends!"



Camp in the Cloud

OVER THE WALL CAMP
UK Children's Charity



Camp in the Cloud is an engaging camp-at-home activity programme that allows your family to spend quality time together with no cost or planning involved for you. You'll receive your own Seriously Fun Box in the post which contains everything you need to take part. This box is packed full of games and activities, as well as other goodies and surprises! And guess what... that's all yours to keep!

Camp in the Cloud is run on specific dates by our Over The Wall Camp team and volunteers who are ready to bring the Camp magic to you!

During your experience, you'll have exclusive password-protected access to the Camp in the Cloud online platform. Here, you can chat to the other families and take part in various live activities. You can also enjoy the message boards, photo galleries, games, and guided activities.

You can get a Seriously Fun Box and join Camp in the Cloud if;

- At least one member of your family is aged 6-17 years.
- And at least one child in your family is living with a health challenge or has finished treatment within the last 3 years.

In The Words Of Our Campers

"When I went to camp, I realised I was capable of doing more. It made me think 'no, I am going to do things I want to do', which has led me to where I am today! That really instilled in me to do a job I love rather than just one I'm 'capable' of as a 'sick person'."

"Knowing that everybody there has been through something similar helps you let go of everything because you're not worried about being judged. We swapped stories, asked each other questions, it helped us feel so much less alone."

"The way everyone was cheering and supporting us, and the fun we were having, it just made me feel like a kid again. Looking back at it now, I realise I didn't get to be a teenager because of everything going on at home. Camp was fun and silly and a place to be free."

"The best thing about Camp in the Cloud was that everybody there was living variations of the same life. It had a real community feel to it as the children instantly connected over their shared experiences."

"It was the best experience of our lives!
We are a happier family after attending Over The Wall Camp!"



Who can come to camp?

We're proud to have supported campers with over 130 different illnesses and conditions and always do our best to make camp work for you.

Our nursing and wellbeing team will assess your application on an individual basis to decide if we can safely meet your needs at camp. Our holistic application process is there to ensure everyone's best interests are looked after.

If the residential camp environment can't meet your current health and wellbeing needs, our exciting Camp in the Cloud programme enables you to enjoy the Over The Wall Camp magic from your own space!

We're currently unable to cater for children with Type 1 Diabetes at residential Health Challenge and Siblings camps but welcome them to Family Camps and Camp in the Cloud.

Due to our immunocompromised campers and the risk of cross-infection, residential camps currently can't meet the needs of children with Cystic Fibrosis and Primary Ciliary Dyskinesia, but we'd love you to join us for Camp in the Cloud.

You can find our eligibility guidance on our website at otw.org.uk/criteria or you can reach out to us by phone or email.

The illness groups we can cater for include:

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|----------------------------|-------------------------|
| Blood disorders | Liver diseases |
| Gastrointestinal disorders | Neurological disorders |
| Cancer and Leukaemia | Neuromuscular disorders |
| Rheumatological conditions | Organ Transplant |
| Immunological disorders | Endocrine disorders |
| Severe Allergies | Orthopaedic |
| Heart conditions | Rare Diseases |
| Kidney disease | |

Do you have questions about camp?

Campers often want to know about the accommodation, food and activities, so we cover all of that and more on our website at otw.org.uk/camper-faqs. Or if you'd like to chat with one of our team, please just reach out - we'd love to help!

Apply For Camp

You can start your camp journey by applying online, via our website. To see a list of the camps and dates to choose from, you can check out our Camp Calendar on our website.

Our application process is comprehensive enough for us to fully understand your medical and wellbeing needs. It's paramount to us that you're safe at camp and that it's a fantastic experience for you. Your application is the opportunity for us to ensure we can meet your needs and start getting to know you before camp.

When you've applied for your first camp, your details and forms are saved for next time. This makes it easy to apply for multiple camps.

Scan the QR code to learn more and start your application:





Get in touch

Campers: campers@otw.org.uk

Volunteering: volunteering@otw.org.uk

Fundraising: fundraising@otw.org.uk

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BELONGING, AUTHENTICITY, and GROWTH are our core values.

At Over The Wall Camp, our core principles are all about creating a safe, inclusive, and trustworthy environment where fun and friendship thrive!

We believe in the magic of coming together, where everyone—campers, staff, and volunteers—can truly be themselves, make new friends, and pursue their potential.

With these guiding principles, we're building a place where every child can shine and discover just how amazing they really are!
